# **Learning from Home**



ONLINE

## Student Guide

This guide gives students important information on how learning will continue during this period of home learning. It gives important advice on how to manage your studies and what to do if you have a problem or concern.

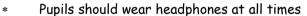
#### Planning Your Learning

- Find a guiet place at home dedicated for school work and study  $\Rightarrow$
- Collect any learning packs from school during the allocated times, these have been issued on the school app.  $\rightarrow$
- Organise your subject handouts and books
- Ensure you have your online platform codes and can access these. The codes and user guides are available  $\Rightarrow$ on the Parent Information section of the school app.
- If you cannot access any of the online platform sites, e-mail Miss Doyle (IT Technician)  $\rightarrow$ cdóyle619@c2kni.net
- $\rightarrow$ Ensure you full charge your ipad/computer every evening
- This is Timetable WEEK 2. Next week is Week 1

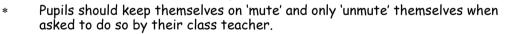
#### Each day

- Learning starts at 9.15am each morning, make sure you have your breakfast before this time
- Follow your normal school timetable.
- For each subject on your timetable, check your online platform for work or instructions from your class
- If your teacher is organising a live online lesson, they will try to notify students at least 2 days in advance using the online communication platforms. Some subjects will use video tutorials to deliver lessons.
- For live online lessons students must follow the rules below
- When you are timetabled for Citizenship, Careers, IT, Employability or Personal Development use this time for a wellness break, do something enjoyable

### Rules for Live Lessons







- Always abide by the school's expectations when using digital technologies
- Ensure you only use your C2K accounts when communicating with staff and other students in relation to teaching and learning activities
- Anyone who breaks the school's E-Safety rules will be removed from online learning platforms



### Problems or Concerns

#### Online codes or technical difficulties

- E-mail the IT Technician cdoyle619@c2kni.net Subject Issues
- E-mail your class teacher or communicate through the learning platform used Pastoral or Child Protection issue

E-mail your Form Teacher or Year Head. Alternatively you can ring the school. Talk to the School Counsellor

E-mail the school and Mr Fitzpatrick will arrange a telephone meeting with the Mrs Nuala Woods

> School Email Address info@stmarys.newry.ni.sch.uk



## Health and Wellbeing

- Get a good nights sleep each night
- Limit your use of social media
- Eat healthy food
- Take regular breaks
- Exercise each day
- If you have concerns talk to someone
- Do something you enjoy each day such as listening to music

